



GRC software that is
integrated, visible, actionable

ISO▲**METRIX**

Primary Healthcare & Wellness

The purpose of Primary Health Care is to ensure that the day-to-day care needed to protect, maintain or restore an employee's health is managed.

Wellness programs have proved to be an effective prevention tool for the reduction of health care costs. Successful wellness programs not only improve the bottom line for employers, but they also help employees feel better about themselves and more positive about the organization for which they work.

Primary Health Care

The IsoMetrix Primary Health Care solution assists health care practitioners to manage their activities regarding basic diagnosis and non-surgical treatment of common illnesses and medical conditions. Other support includes interviewing the patient to collect information on the present symptoms, prior medical history and other health details, followed by a physical examination. Where required, basic medical testing, such as interpreting results of blood tests, other patient samples, electrocardiograms or x-rays, is also supported. The system caters for the recording of treatment plans, including (if appropriate) components of further testing, specialist referrals,

medications, therapy, diet or life-style changes, patient education, and follow up results of treatment. Other screening tests, such as immunizations, are also included.

IsoMetrix is a standardized product that is completely customizable. Every client clinical or administrative form can be easily modified to suit the way you like to work. IsoMetrix provides the best of both worlds: the flexibility of a tailored solution, with the stability of an off-the-shelf product.

Overview of the type of content that can be managed in the IsoMetrix Primary Health Care Solution

- Matters which one would take to a General Practitioner
- Absenteeism including sick leave management
- Medical interventions
- Maternity management
- Body Mass Index (BMI) over time
- Chronic diseases
- Acute illnesses
- Exercise

- Family history
- Employee Assistance Programmes
- Stress – source of stress
- Claims process authorized by medical practitioner:
 - ▶ Medical interventions
 - ▶ Medical surveillance including links to PPE; Chemical Substance Registers and Health Risk assessment (*applicable if a comprehensive IsoMetrix integrated SHEQ system is in use*)
 - ▶ Injury on duty
 - ▶ Disability management
 - ▶ Incapacity management

Wellness

Emotional and Physical Wellness

The IsoMetrix Wellness solution assists wellness practitioners in managing their psycho-social support of employees that are in need of emotional balance in their lives as well as supporting them through a wide range of medical and physical wellness issues.

Primary Healthcare & Wellness

Medical Services

Health Promotion

Continuing Care

Counselling & Support

Community Health

Action Manager

Dashboards

Physical Health

Emotional & Mental Health

Relational & Social Health

Work & Career

Overview of the type of content that can be managed in the IsoMetrix Wellness solution

Emotional Wellness

- Productivity and performance issues
- Absenteeism
- Job/career issues
- Stress and anxiety
- Anger and violence
- Marital and family counselling
- Personal and family crises or emergencies
- Bereavement
- General emotional difficulties
- Addictions
- Nutrition and eating disorders

Physical Wellness

- Living with a chronic ailment, such as hypertension or diabetes
- HIV/AIDS management
- Advice regarding medication usage and side effects
- Information about upcoming medical or surgical procedures
- Physical wellness support and advice regarding diet and exercise
- Follow-ups, advice and referrals

IsoMetrix dashboards – Analytics powered by QlikView

In support of the Primary Healthcare and Wellness solution, the software comes with comprehensive real time dashboards that assist management in gaining insights from a volume of health and hygiene data collected over time. The dashboards can be used by company management, who are responsible for delivering reports for general consumption, with the aim of helping the organization establish primary healthcare and wellness targets and objectives based on insights into historical data.

Experience

We have implemented our Primary Healthcare and Wellness solution at a number of clients and have worked closely with specialists such as doctors and health nurses who have assisted us during the design and development stages of Primary Healthcare and Wellness Solution systems. Founded on the experience we have gained from these specialists, we are able to advise on how best to implement your Primary Healthcare and Wellness system to ensure that you get the most out of our software product offering.



ISO METRIX

Good Business



www.isometrix.com

Our other solutions include: Business Continuity Management · Compliance · Contractor Management · Document Management · Environmental Sustainability · Enterprise Risk Management · Food Safety · Land Access & Resettlement · Occupational Health · Occupational Hygiene · Performance Management Process Compliance & Assurance · Quality · Social License to Operate · Social Sustainability and many more...